

# Rubber Band Ligation for Hemorrhoids: Understanding How It Works

**M**ost hemorrhoids patients hate going through surgery. If it can be helped, they would rather not experience going under the knife. Rubber band ligation for hemorrhoid, an outpatient treatment that is recommended for second-degree hemorrhoids cases, is preferred over major surgery as it is less excruciating than any other surgical treatment. The recovery period is also shorter compared to surgery. Pertaining to regarding this treatment range from 60 to 80 percent.



## History

Hippocrates documented back in the year 460 BC something about tying the affected rectal area with a thread. The use of rubber band was pioneered by Blaisdell in 1958. Barron processed the procedure in 1963. Barron made use of a Barron Ligator in his treatment.

## Purpose

The purpose of using rubber band ligation for hemorrhoid treatment is to stop/minimize/control the flow of blood to the affected area. That part is expected to wither, die and eventually fall off after a few days - usually two to seven days. In many cases, this falling off happens throughout bowel movement but it can happen outside the potty.

## Why Rubber Band

Threads are usually made of organic materials and therefore, they can cause bacterial accumulation. That is very dangerous because with this disease, we're dealing with open wounds.

## On the Contrary, Rubber is Not Vulnerable to Bacterial Accumulation.

Procedure.

- Another positive aspect of starting this action is its brevity.
- It only takes a few minutes to complete the entire process.
- Prior to the ligation procedure, the patient will be taking antibiotics for an average of two weeks.

*Positioning - You will be asked to lie down on your left side with your knees collectively drawn up in order to expose your buttocks for a good view.*

## Applying the Band

A device, called a proctoscope, is going to be inserted into the hole to push most of the affected part on one side. Then forceps will be used to grasp that portion to hold on to the base (of the enlarged part). Then a rubber band is used to enclose the camp.

## Complications

Complications of rubber band ligation with regard to hemorrhoid intervention include: anal fissure, thrombosed hemorrhoids, pelvic sepsis, group breakage or slippage, bleeding and pain.

## Patients May Experience All or Some of These Complications

Bleeding can be experienced for the days especially after and during bowel movements. Patients are advised not to take aspirin as well as other medications that contain Ibuprofen. These medications encourage hemorrhaging. If hemorrhaging becomes severe, you need to make contact with your personal doctor immediately.

*Other Things That you could Do to Help Improve Your Condition or Hasten Recuperation*

## Take Acetaminophen to Lessen Discomfort.

You should not lift heavy objects or do strenuous jobs for three to four days.



## HemorrhoidsHemorrhoidBowelHemorrhoid Treatment

- Stool softeners such as Surfak are recommended.
- Get one tablet a day for 3 Or 4 days.
- Take warm bathing every now and then.
- It relaxes the muscles and aids in less difficult relieve stool.

## Eat the Right Food. Ask Your Doctor about this.

You may want to know even more information about this method of treating hemorrhoids. There are numerous medical websites that can help you, too but your physician is the best person to go to.

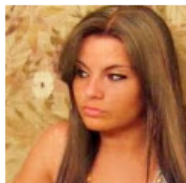
To learn about other treatments for hemorrhoids please visit <http://how-to-cure-hemorrhoids-fast.blogspot.com> and <http://how-to-get-rid-of-hemorrhoids-at-home.blogspot.com>.

For French visit <http://traiter-les-hemorroides-naturellement.blogspot.com> and <http://hemorroide-faits-traitements.blogspot.com>.

For Spanish visit <http://tratamiento-de-las-hemorroides.blogspot.com> With regard to Italian check out <http://come-curare-emorroidi-modo-naturale.blogspot.com>.

## For German Visit <Http://Hamorrhoiden-Behandlung-Hausmittel.Blogspot.Com>

For Portuguese visit <http://como-curar-hemorroida-naturalmente.blogspot.com>.



“ **Jennifer T. Rader**

*Jennifer is a writer at utiurine.info, a resource on health tips. Last year, Jennifer worked as a blog curator at a high tech company. When she's not reading web content, Jennifer loves working out and fishing.*

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