

# The Top three Non Surgical Hemorrhoid Treatment Methods

Any individual, whether he is physically active or not, would not want to have anything to do with **hemorrhoids**. Unfortunately, anyone is a target and there is no exception. Developing a **hemorrhoid** can cause great concern and discomfort and failing to have it taken care of can result in serious problems such as blood loss and severe anemia. Many people choose to postpone treatment because they refuse to have surgery. Little do they know that there are available non surgical **hemorrhoid treatment** approaches which usually anybody can avail.



## The First Option is Called the Rubber Band Treatment or Baron Ligation

This is a procedure in which the **external hemorrhoid** is tied with a rubber band. Sometimes, this procedure does not require a physician. The trouble is that if you go to professionals of alternative medicine, there exists a likelihood of getting infectivity. When using this method is done, the hemorrhoid is cut with its supply of bloodstream and will eventually wilt, shrink, and fall off. So far, this is the cheapest known non surgical hemorrhoid treatment.

## The Next is Non Surgical Hemorrhoid Treatment Called Sclerotherapy

This is a process in which a chemical compound is injected to the hemorrhoid. What happens is just about the same with the first method mentioned. The blood supply is cut and the hemorrhoid will shrink. This method is said to be best used for recurring hemorrhoids.

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*Tips On how to Effectively Deal With Hemorrhoids* When you are dealing with a hemorrhoid outbreak, avoid dry toilet paper until the hemorrhoids are gone. Wet wipes, moist towelettes or even damp toilet paper will clean the area more effectively and be less likely in order to worsen hemorrhoids....

The third popular method in treating or treating hemorrhoid is through using infrared technology. This is not the same as laser treatment. The goal of this method is also in order to hinder the flow of blood to the hemorrhoid. This particular is best applied only to small hemorrhoids that are bleeding in nature. Big hemorrhoids require a different type of treatment. Although there are many other non surgical hemorrhoid treatment methods, these three methods are usually the most popular and least expensive ways to cure it.



“ **Jennifer T. Rader**

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